HERITAGE
International School

THE INTERNATIONAL HERITAGE HERALD

February 19, 2021

GENERAL

***Quote*: "Spring is the time of plans and projects"** *Leo Tolstoy*

Director's weekly notes- "The view from Dacia Boulevard"

In my experience, schools have always been the most wonderful places of activity, online, physical, hybrid, whatever the circumstances, the energy and ideas of children make any place of learning a very positive place to be especially because they are always futures orientated. And as my tutor told me on the seafront outside the Old College (Hen Coleg) of Aberystwyth University many years ago as I trained to be a teacher, working in education is always about hearts and minds. This week, week 22 out of 35, is typical of any week in this academic year as we strategically planned forward and managed the day to day operationally. It is never easy controlling both of these approaches but the best schools always manage the balance. We passed on our congratulations to our colleagues at Medpark this week as they celebrated their 10th anniversary. Their support of Heritage, especially around the planning of our safe measures last summer, was enormously appreciated. We see that legacy now as our school has operated safely continuously and our students have their education and "normality". The snow blizzards, at the start of the week, coupled with the very low freezing temperatures (I do need a decent hat, a shapka, for the morning duty at the start of schools, my ears are freezing) giving way to a few glimpses of Spring, allowed us all to start thinking of the "plans and projects" ahead, in the words of Tolstoy.

As our summer iGCSE exams for our first ever cohort get closer there are a few useful links to revision, looking at universities and books to read, below in the section for secondary. We met this week to plan the new physical Lyceum and it gives us all a lot of hope especially in the week where case numbers in our country got too high again, new restrictions came into force and we all got a very sharp reminder that we cannot afford to be complacent about Covid especially when we want to make sure the remaining 12 weeks of the academic year are physically in school down to May. Our school community is continuing to do a great job with the safe measures and we have one class in isolation, due back next week. Keep this going! Especially 8B! The lunch promise still stands! My thanks to the parent representatives who we met with this week for such positive, supportive and constructive conversations to solve issues and keep continuing to work together to make Heritage an exceptional international school in Moldova and Europe. Part of that formal process got underway in earnest this week as members of the Leadership Team met with the COBIS team who will be assessing and reviewing our school in May against the COBIS international school standards as part of our process of official compliance as a COBIS school. It was a really good meeting and my thanks to Mrs Rose for leading here for the school.

The Student Council presented some very creative ideas for more clubs and opportunities for drama, music and bands in school. I was also very proud of the way the Student Council organised and collected donations to support the FOMS/AREAL shelter outside of Chisinau as part of our school charities for social responsibility. Thank you to everyone and the founders of FOMS, Debbie and Jane, thank our Heritage community from the bottom of their hearts. Weather and conditions permitting, we will be delivering it to the shelter on Saturday. My thanks to everyone for their work this week for Literature Week and we want to be able to celebrate World Book Day on the 4th March. I rocked a very good D'Artagnan, Sherlock Holmes, Lev Tolstoy and Vasile Alecsandri's "Dan, Capitan de Plai" in my last school. Mrs Tatiana Popa continues to represent the school and Moldova in global education and it was with great pride she became the country

ambassador to the T4 World Schools. Tatiana is also speaking at the British Council's global education conference this Spring about Heritage and Moldova, outlining our remarkable story and what we are doing next.

Finally, we have lots of plans and projects ahead and a wonderful reminder of the sun and warmer days came in the form of a very beautiful painting for my room here given by the remarkable young Moldovan artist, Andreea Dorin. It proudly joins so many more pieces of wonderful creativity and we know Andreea comes from a line of creativity and her mother Nina, is our amazing music teacher, who never ceases to surprise us all in how she finds music everywhere and gets students hooked into their creative learning. Like Andreea's "rainbow arch of hope" and her mural on the side of the Oak Centre from earlier this academic year, when we look at them, we see something bigger than ourselves, we see our community, we see better times ahead and of course, we always see hope.

Rob Ford
Director

Heritage in the news:

Director Rob Ford's interview *with journalist Pavel Zingan on the mission and vision of Heritage as an an outward facing, unique, innovative, international school in Moldova*
http://pavelzingan.md/robert-ford-heritage-daet-zolotoj-bilet-na-obuchenie-v-bolishe-chem-1400-universitetah-i-institutah-po-vsemu-miru/?fbclid=IwAR2Gs77vkStRm_RIvPFk3b8ZovOKccoRTKdm3a1aL1rsBK7gSJ6WEB7KXDg

Red Box story with Olesea *& Pro TV*
A vital curriculum development in personal health education for girls & The Red Box project needs support to roll out across Moldova. We're proud to work with NGO partners, sharing with our national education community and this was showcased on ProTV on the weekend.
https://protv.md/actualitate/o-fosta-eleva-a-gimanziului-din-vatici-vrea-sa-schimbe-lucrurile-in-satul-sau-de-bastina-si-a-adus-proiectul-red-box-in-moldova-video---2557382.html

The February edition of the Heritage Globe *has been published! Please visit the newspaper to explore all that is going on and what our students are doing.*
https://sites.google.com/heritage.md/heritage-globe/home

This edition has such a great array of content, including sports, book reviews, tech, holocaust rememberance, video game review, editorials, short stories, a trivia quiz, and art. We also introduced a new chatbot feature.

Articles of Interest:

On Grigore Vieru's birthday, President Maia Sandu invites children to write about their favorite authors and books
https://www.presedinte.md/rom/comunicate-de-presa/de-ziua-lui-grigore-vieru-presedintele-maia-sandu-invita-copiii-sa-i-scrie-despre-autorii-si-cartile-preferate

-10 of the best virtual travel experiences for 2021; https://www.theguardian.com/travel/2021/jan/12/10-best-virtual-travel-experiences-2021-film-festivals-street-tours-wine-tasting

- Starting May 15, The National Film Archive invites you to enjoy the 'Cinemateca online' program, willing to stay as close as possible to its audience in this period with no film scheduled in its two movie theatres - Eforie and Union (even the emergency state ends on May 15, movie theatres will not be opened yet in Romania) Cinemateca online will stream Romanian films produced until 1997 as online programs organized constantly until the movie theatres will be fully open. All films will be available with English subtitles: https://eventbook.ro/program/cinemateca-online

- The 15th edition of Making Waves, the best of New Romanian Cinema, is to take place exclusively online ***February 18-24th, 2021****, in collaboration with long-term partners at the Jacob Burns Film Center in Pleasantville, NY: https://makingwaves.filmetc.org/festival/mw15-about/*

- Fantastic reading list on contemporary Russia by Viv Groskop that gives prominence to writers who have been at the heart of the nine years of Pushkin House's Book Prize, either as laureates or judges: https://www.theguardian.com/books/2021/feb/13/the-best-books-to-understand-contemporary-russia

https://sites.google.com/heritage.md/artgallery/home

Notes from Ms Elize

This week was Literature week at Heritage. Reading is the fundamental cornerstone of our existence. Through reading we expose ourselves to new things, new information, new ways to solve a problem and we learn new skills. Exploration begins with reading and understanding. Reading can support us to become a better version of ourselves. Through reading we can create a way towards a better understanding of the world and to better actions to take in the future.

Reading exposes us to a world of imagination. It is showing us that nothing is impossible in this world. By reading we can explore a different angle to see a certain situation. Books are beyond imagination. It helps us to make connections, linking one idea with another and yet another. It connects the things we knew with the things we have just learned, and in this way structuring new solutions and answers.

Reading to and with our children from the very beginning is an important part of our children's cognitive and social development. Through reading we can experience all kinds of wonders and travel to the furthest corners of

the earth without leaving the comfort of our homes. During a time when travel is so restricted this can be our gateway to adventure and exploration of exotic destinations.
So, this weekend, take some time to settle down and read together as family. Who knows where the journey will take you?

As part of literature week Heritage had a Book Review Competition. Students from 3E participated and loved taking part in the event.

3E presented a book talk to tell classmates about their favourite books.

Ms Vlada and 4B presented our Primary Assembly this week. It was a wonderful presentation celebrating Literature week.

On Thursday, we had a special guest Ms.Umran (Kerem's mom) who read a story about a penguin to the children of 2-E. The students were very impressed by the story

Students of 2-E presented their favourite books to their classmates.

Students from 2-E were speaking about why they should read.

HERITAGE
International School
DROP EVERYTHING AND READ
D.E.A.R.
19 FEBRUARY 2021
Made with PosterMyWall.com

HERITAGE
2-E
BOOK

School Starter learning letters and sounds

Literature Week in School Starter

2A students responded to the call by the President of the Republic of Moldova Maia Sandu. They wrote letters and described their favourite books bringing the arguments, the letters tol be read by the President.

1C students read and have fun

6 E began learning about the cultures native to Central America in Global Perspectives. The artists in the region are known for their brightly colored, intricately weaved dream catchers, which are designed to catch negative energy while you sleep. The students made their own!

For our literacy week activity, students presented brief reviews of their favorite books. We had many Harry Potter fans, as well as characters from: Star Wars, Roblox, and Charlie and the Chocolate Factory. Students were allowed to dress up if they performed a snippet from the book!

While learning about force and motion, students had to choose a creative presentation to show Newton's 3 Laws of Motion. Fantastic presentations we saw: a rap, backup dancers included; colorful flip books; and interactive quizzes using kahoot! and Quizziz.

At the Art lesson, children from the second grade, listened to the story "Horton hears a Who" by Dr. Seuss, learning that "A person is a person, no matter how small". Students learned who is an illustrator and drew an illustration for this interesting story.

The 3rd grade students created their own beautiful characters.

News from Secondary

Choosing and applying for a study programme. With so many world-class higher education programmes on offer across Europe, choosing what to study and where can be difficult! Use this EU website to help look at universities in Europe after A Levels. https://ec.europa.eu/education/study-in-europe/planning-studies/choosing-applying_en

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*- **Where do Cambridge qualifications take you?** Success in Cambridge qualifications often gives students admission to the world's best universities – in the US, the UK, Australia, Canada, Germany and beyond. Cambridge qualifications are accepted and valued by universities around the world, including MIT, Harvard and Cambridge. They are recognised as qualifications that prepare and equip students with the skills they need to succeed both at university and beyond. Universities tell us that they value the independent research and critical thinking skills, as well as the deep subject knowledge that our qualifications bring. We work with these universities when we revise our qualifications – getting expert advice to make sure we're preparing students to succeed at university and beyond; https://www.cambridgeinternational.org/why-choose-us/where-do-cambridge-qualifications-take-you/*

- ***Tips for effective exam preparation.*** *In some parts of the world, it's a time of year when both teachers and students are thinking about exam preparation. Even the most relaxed students decide it's time to study hard, and teachers are often focusing on revision in lessons. Here are a few of my favourite strategies for helping students to revise effectively; https://blog.cambridgeinternational.org/tips-for-effective-*
exam-preparation/

- ***20 Books to Read Before You're 20:*** *If you're embarking on your 20s, below are a few books your peers will have read by now that may help you as you navigate independence. And if you're already past this stage of life, it's never too late to catch up on some reading; https://www.penguinrandomhouse.com/the-read-down/20-books-to-read-before-youre-20*

- ***Online Safety; Useful resources for parents and carers:*** *Use these free resources to talk to your child about online safety. This pack includes activities, conversation starters and information to help parents and carers talk to their children about how to navigate the issue of reliability of information online in a safe, responsible and engaging way; https://www.saferinternet.org.uk/safer-internet-day/safer-internet-day-2021/i-am-parent-or-carer*

- ***One for students on the DLP, MediaMagazine Student - Production Competition 2021: Making Lockdown Creative!*** *The theme is Lockdown – however you choose to interpret it. The door is wide open – it's your chance to be as creative, original, personal, critical or entertaining as you like. Entries must be no longer than 4 minutes. Your entry could be any of the following: A video diary; Digital essay; Reportage; A documentary; A narrative short film; A music video; animation; A spoken word poem or audio-visual montage with sound and still or video images – in fact any format or genre which allows you to express the experience of lockdown in a creative way. There are no rules! You can use anything and everything to tell your story – animation, live action, Lego, Barbies, other toys, household objects, people, photographs, animals – any resources you can find which will help you explore the Lockdown theme. Make the most of the chance to produce without restrictions - nothing is out of bounds! As always, a celebrity judge will select the most inspirational videos, and record full comments on the individual winners, with certificates for all entrants, and the winning entries announced online on the* MediaMag *website: https://www.englishandmedia.co.uk/competitions/mediamagazine-production-competition-2021-making-lockdown-creative/*

6B Science: Learners we're involved in the most fantastic activity. They planted seeds. Their task was to noticed the growth of the flowers. Everybody enjoyed that.

Drop Everything and Read

Student Council:

The Gymnasium Student Council collected donations Monday through Friday for the FOMS / AREAL Animal Shelter. We had an amazing turnout! Thank you to everyone who donated- the animals will absolutely appreciate all of the blankets and food to warm their bellies during this second winter we are currently experiencing.

The media committee is currently working on a website, so everyone can stay up to date with all of the council's projects. The events committee is organizing a public speaking contest as well. Many exciting things are coming soon...!

7B Reading

5A students Gabriela Scobioală, Vlada Morneală and Angelina Voloşciuc took part in eTwinning project "I'll tell you a story" and wrote the end of the story created together with partners from Greece, Romania and Italy

Global Education:

This week, our global citizens had video conferences with teachers and students from all over the world! On Wednesday, as part of the Goals Project, students in 9E and 4/5E took part in the Take Action Edu webinar on student activism organised in collaboration with the United Nations and some tour guides at UN Headquarters.

On Thursday, grade 7E participated in a video conference with students and teachers from India, Sri Lanka, Indonesia, Turkey and other countries in the Goal 15 team, where students presented the topics they had explored and what solutions might be to those issues mentioned.

On Thursday afternoon, we had our 2nd edition of Book Review Competition, held in our 'Mihai Eminescu' library, with students from grades 1 to 9 presenting high quality book reviews and inspiring each other to read more. We had speakers present physically, but also students learning online, with a guest speaker from the United Kingdom in the person of Evie Ford, our director's eldest daughter. All students enjoyed the event and went home with a long list of books to read. All in all, there were more than 50 students in this year's competition. Certificates with nominations will be received next week. Many thanks to all the brilliant presenters and also teachers who accepted to attend as judges. This

competition is held every year during the Literature Week and it is great to see that more students are willing to join. 'A child who reads becomes an adult who thinks'!
To crown this week's aspirations for a better world, not only by participating in the Goals Project on SDGs, and in the Book Review Competition for raising intelligent thinkers, the entire world celebrated on Thursday night, February the 18th, the landing of NASA's Perseverance Rover on planet Mars. As we got registered to watch together with the entire globe and to travel virtually to Mars, we got our NASA stamp as launch virtual guests (picture attached). So much good happening in the world, only we must see it!
P.S. If you want to print a virtual launch passport, you can print it here:
https://nasa-external-ocomm.app.box.com/s/6vabmp7zwof5cd8wz8sfywe3w9938pid

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Internet Safety Tips by Heritage students
https://sites.google.com/heritage.md/safer-internet-day/home

WHO/Europe @WHO_Europe

Physical distancing doesn't mean social isolation!

During #COVID19, reach out to friends & family members online or by phone if you're unable to meet in person. It's important everyone stays safe & connected.

50 Ways to Take a Break
candle
your legs up on a wall
Let out a sigh
Fly a Kite
stars
Write a Letter
Learn something NEW
Listen to a guided relaxation
Read a Book
Sit in NATURE
2x
Move twice as slowly
Take Deep Belly Breaths
MEDITATE
Call a Friend
Meander around town
WRITE in a journal
Notice your Body
Buy some Flowers
Find a relaxing scent
Walk outside
Go for a run
Take a bike ride
Eat a meal in SILENCE
Turn off all electronics
Pet a furry creature
Create your own coffee break
View some ART
Examine an everyday object with fresh Eyes
Go to a park
Drive somewhere NEW
Go to a Farmer's Market
Forgive someone
read or watch something FUNNY
COLOR with crayons
Make some MUSIC
Climb a tree
Let go of something
Engage in small acts of KINDNESS

Social Skills Kids Need

www.thepathway2success.com

Following Directions

Using Self-Control

Showing Empathy

Having a Positive Attitude

Disagreeing Respectfully

Getting Along with Others

Using Coping Strategies

Dealing with Anger & Frustration

Seeing Someone Else's Perspective

Expressing Ideas, Feelings & Thoughts

Taking Responsibility

Using Positive Self-Talk

Understanding Choices

Understanding Personal Space

Taking Turns

Being a Good Sport

Appreciating Differences

Staying Calm in Times of Stress

Being Reflective

Brainstorming Solutions

Self-Regulating Emotions

Dealing with Worries

Reading Social Cues

Sharing

Dealing with Problems & Conflicts

Apologizing

Accepting Consequences

Clipart by Kate Hadfield, Teacher Karma, & Sarah Pecorino

Can/Should my child go to school today?

Is your child or anyone in the family being tested for Covid19 and displaying symptoms or have self isolated?	**Stay at home**, for 14 days, and inform the school immediately. Monitor symptoms and if any doubt see your medical health care provider for a test and further advice. Lessons will be from the Hybrid model. Inform the class teacher for advice about when you think you are returning safely from isolation. **Do not send into school if any doubt!**
A student in my child's class has tested positive, and the whole class have been kept in their isolation	The school will inform directly the families of the class, any siblings, to go home immediately and where the cluster may have been. To isolate, continuing on Distance Learning.
My child's teacher has gone home with symptoms/tested positive but has been practicing safe measures?	The class can stay in school, to be monitored, because the teacher has kept all safe measures. The class will have a substitute to continue learning if the teacher is not able to teach remotely. Any issues with learning contact the Head of Primary (for primary) or the Hybrid Learning Coordinator or Academic Director.
Will the whole school community be informed each time there is a case or a suspected case?	No. We update our central track and trace spreadsheet continually. The classes are operating in isolation bubbles, the school is deep cleaned several times daily, students are using outdoor spaces and getting fresh air in classes in school and therefore this avoids transmission clusters across the classes. We are working with those directly affected immediately and keep the community informed weekly.
When/if will the school move onto a DLP and how long is this likely?	The country is now on RAG zones of danger from the 1st Oct and we liaise with the public authorities at all times on cases, numbers, operational safety and any developments. The DLP remains immediately operational at all times in the event of the school closing for a few weeks as case numbers are steadied and we can return to physical school. This will likely be the pattern of 2020-21.
What to look for?	**If you are in any doubt, do not allow your child to come to school. The three main symptoms to watch for are:** **1. a high temperature: any new high temperature where your child feels hot to touch on their chest or back (you do not need to necessarily measure the temperature)** **2. a new continuous cough: coughing a lot for more than an hour, or three or more coughing episodes in 24 hours** **3. a loss of, or change in, sense of smell or taste: a noticeable loss of smell or taste or things smell and taste different to normal**

If one of the students is tested positive with Covid-19, the whole class will be quarantined for 14 days. ***Siblings*** *do need to be in isolation as well.*

*For all the children who are in quarantine parents should fill in the e**pidemiological form:*** *https://forms.gle/Qk1DBdfa4BykX8Gq9 All the information provided will be sent to the Public Health Center.*

Necessary documentation for returning to school:

Before returning to school after the quarantine period, parents should present to classroom teacher the ***Declaration***

https://drive.google.com/drive/u/0/folders/1J0WBrE37gjfOQHJAXY3UR0DG_klSi7wc?q=owner:iute%40mail.ru

For children who have been tested positive with Covid-19 and in case of any disease, for return to school it is mandatory to present the ***medical certificate*** *with the 3 stamps, as a confirmation that the child can attend groups of children.*

FORTHCOMING EVENTS

25th January,2021	*Heritage International Lyceum applications open for 2021-23 students*
21st February 2021	*UN International Mother Language Day*
22nd-26th February 2021	*German Language Week*
22nd-26th February 2021	*Cambridge Lower Secondary Checkpoint - Mock exams*
25th-26th February 2021	*Movie Night - Secondary School*
1st March 2021	*Heritage Spring Fest*
4th March 2021	*World Book Day*
3rd-4th March 2021	*Parent-Teacher Conferences*
March 2021(date tbc)	*7th Founders' Lecture, John Rolfe MBE, Schools' Manager for the British Council*
5th-8th March 2021	*Spring Break*

Six things **NOT to do** when wearing a face covering

- DO NOT use if damaged or damp
- DO NOT wear it around chin
- DO NOT wear loose-fitting mask
- DO NOT pull away from face to speak
- DO NOT touch front of mask
- DO NOT share your mask

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